**Patient Name: Lisa Nguyen - Migraine**

**Overview:**  
Lisa Nguyen is a 38-year-old software developer. She is a female, born on February 20, 1985, and resides at 112 Elm Street, Pinecrest, PC, 67890. Lisa can be reached at (555) 123-4567. She has been diagnosed with migraines, a neurological condition characterized by intense, debilitating headaches.

**Medical History:**

* **Past Medical History:** Episodic tension headaches during college.
* **Surgical History:** None.
* **Family Medical History:** Mother suffers from chronic migraines.
* **Allergies:** N/A.
* **Medications:** Triptan for migraine attacks, preventive beta-blocker.
* **Lifestyle:** Regular yoga practitioner, non-smoker, limits caffeine intake.

**Previous Doctors:**  
Dr. Robert Chen, her primary care physician, after noting the severity and frequency of her headaches, referred Lisa to a neurologist. Dr. Emily Watson, a neurologist specializing in headache disorders, confirmed the migraine diagnosis and oversees her treatment.

**Lisa Nguyen - Symptoms:**  
Severe pulsating headaches, often accompanied by nausea, vomiting, and sensitivity to light and sound, lasting for hours to days.

**Diagnosis:**  
Diagnosed with migraines based on the symptom history and ruling out other causes through MRI and blood tests.

**Treatment:**  
Prescribed triptans for immediate relief during migraine attacks and a beta-blocker as a preventive measure. Dr. Watson also recommended lifestyle adjustments and stress management techniques to reduce the frequency of attacks.